PRE TREATMENT - It is very important that you follow these instructions carefully for optimum results:

Do not take Aspirin, Niacin, Vitamin E or Ibuprofen 24-hours before procedure

No alcohol or caffeine 24-hours prior to the procedure

Do not work out 24 hours before application (body heat expands the pores). It is recommended not to sweat (heavily) for the first 7 days after the procedure. Sweat is salt and will prematurely fade, blur or cause the pigment not to take at all.

Avoid sun/ tanning/burning 4 weeks prior and 4 weeks after procedure as it will affect results.

No brow waxing or tinting one week before application (let your brow hair grow out for as long as you can stand it)

No Botox for at minimum of 4 weeks prior to your application and 4 weeks after.

No Accutane for 1 year prior to application.

No chemical peels 60 days before and 60 days after (if you do, the brows will fade quicker due to Retinols/Retin-A's, other anti-aging creams or serums containing acids that fade your permanent makeup prematurely even after it has healed).

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Smoking will cause the pigment to fade prematurely and anesthetics will not last as long.

Please note: You will be more sensitive if you have fibromyalgia or are on your menstrual cycle.

Microblading is **NOT** recommended for any clients who are or have:

Pregnant or nursing

Diabetic

Undergoing Chemotherapy (consult your doctor)

Viral infections and/or diseases

Epilepsy

A Pacemaker or major heart problems

Had an Organ transplant

Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)

Prone to Keloids

Sick (cold, flu, etc.)

You may wear makeup to the appointment. Your brows will be cleaned and sanitized prior to starting the procedure

AFTERCARE:

- NOTE: Everyone’s skin heals differently and most clients develop patchy areas or the appearance of fading after the first treatment. It is important to understand that this is a two part process and the second touch up treatment will complete the procedure and, after healing, you will see the finished result.

​-- Healing time is a standard 7-10 days; brows will appear dark & thick after treatment; after 7 days brows will become 40% lighter and 10-15% thinner.

DAY 1: Apply a very THIN layer of ointment every two hours until you go to bed, clean with damp cotton round and warm water and apply new layer. Do not apply new layer without cleaning your brows with damp cotton pad. If you see any lymph (clear liquid) coming out of your brows, please wipe it away and apply ointment.

DAY 2-7: Apply a very THIN layer of ointment 3-5 times a day to keep them moist.

DAY 7-14: New skin forming causes the area to appear lighter at first during this period of time. In this time, your brows may peel, flake and feel itchy. DO NOT SCRATCH OR PICK - it may cause scarring! You may think they even disappeared altogether - please don’t panic (this is due to the new skin forming over the scabbed area). The color will emerge again. Week 4 is where natural exfoliation has happened and the true color emerges.

1st WEEK AFTER PROCEDURE:

no water, makeup, lotions/cleansers

no heavy or strenous activity/sweating

no exfoliation/scrubbing

no picking/scratching

no sun/tanning beds

no swimming

no sauna/steam rooms

no hot tubs

no dyes or tinting

no shaving, waxing, tweezing

no hair removal

no sleeping on your face

FOR 4-8 WEEKS AFTER PROCEDURE:

no botox or fillers

no sun/tanning

no facials/peels

no exfoliation/scrubbing

no direct sun/tanning beds

no electrolysis/hair removal

no smoking

IMPORTANT: After the procedure, the area treated will be darker and more intense: this is normal. This will last a few days until the skin heals and peels and naturally exfoliates and the true color emerges. In the first week as the tiny scabs form in order to heal, they may look even darker/thicker due to some minor swelling. The 2nd and 3rd week after the procedure, you may think they even disappeared altogether( this is due to the new skin forming over the scabbed area). Week 4 is where natural exfoliation has happened and the true color emerges. Only you may notice the change. It will look like you had your eyebrows tinted that day ( which looks darker initially). Other people may notice ‘something’ is different , but they are unlikely to identify the source of the difference. The brows may also appear thicker than you might like, however, this settles as this minor swelling recedes and the hair stroke will shorten as a result.

​NOTE: Kahla Brows Studio does not have control over your body's healing process (healing is specific to each individual) but do expect that some residual swelling is normal for all procedures. The area may appear uneven, dry, itchy, tender, red & irritated. This is all 100% normal. DO NOT PICK. These symptoms will dissipate each day and vary on an individual basis. Color WILL fade/soften anywhere from 40% to 60%. At the touch up faded areas will be fine tuned. It is also important to realize that you will need a color boost every 1-2 years after the touch-up to maintain it's fresh natural appearance. You may need to powder and/or pencil even after the healed results. Remember, this is an enhancement to your natural brows not a permanent one.